

## ABC sheet explanations

### Look beyond the behaviour

- The behaviour we see is sometimes only the tip of the iceberg
- Behind what we see is the purpose, values, identity, capabilities and feelings of the child

### Look at the exact pattern using the ABC model.

Antecedent, behaviour, consequences:

- **Antecedents** – What sets the behaviour off, what triggers it? e.g. Sitting with certain children, certain subjects, times of the day, a particular remark
- **Behaviour** - What is it exactly that the child is doing? Try to describe it in specific and observable terms, which the child and the adults supporting the child will be able to clearly define.
- **Consequences** - What keeps the behaviour going? E.g. attention from the teacher, attention from the other pupils, avoiding work