DOMESTIC ABUSE AWARENESS

I NEED HELP BUT I DON'T KNOW WHERE TO TURN...

DOES THAT SIT RIGHT WITH YOU?



WHAT IS DOMESTIC ABUSE?

A kick, a punch, a push? Often it's more complicated. Violence, control, intimidation and isolation are all forms of abuse.

#SittingRightWithYou

If you're worried about yourself, or someone you know visit www.SittingRightWithYou.co.uk or call 0161 636 7525. It's time to talk about it.

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