

Restorative Practice

When we practice restoratively, we are strengthening relationships between people as well as strengthening social connections within communities. The focus is on building relationships with children, young people and their families and connecting with the communities in which they live. Our aim is to better understand their needs, ensure we are empowering them to make positive changes and enable them to secure sustainable outcomes.

There are many different types of Restorative Approaches which can be used in our day to day practice. Working restoratively can help us prevent or resolve conflict between parties and empower them to find a way to move forward.

Restorative Enquiry



Using a restorative approach along side Signs of Safety enables us to support and empower children, young people and their families to problem solve and find a solution to 'What we are worried about'. The more we listen, the more we connect with people and trust in the relationship will increase. It is also very useful tool in helping a family to resolve conflict they may be contributing to 'what we are worried about'.

Asking questions like;

- What were you thinking and feeling at the time?
- What have your thoughts and feelings been since?
- Who has been affected by the situation?
- What do you think needs to happen next?

provides us with insight and allows us to work towards what the individual wants and not what we think they want.

