



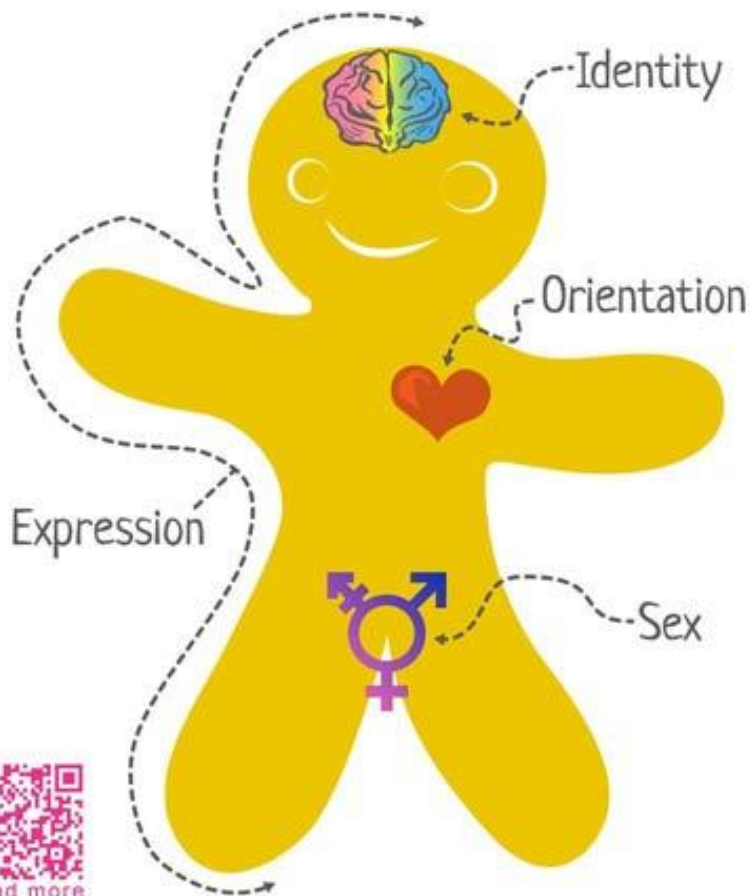
Supporting young people in  
relation to gender identity and  
sexual orientation (e.g.  
LGBT) in secondary schools

## **Educational Psychology Service**

Services for Schools  
People Directorate: Children, Adults and Families

# The Genderbread Person

by [www.ItsPronouncedMetrosexual.com](http://www.ItsPronouncedMetrosexual.com)



Gender identity is how you, in your head, think about yourself. It's the chemistry that composes you (e.g., hormonal levels) and how you interpret what that means.



Gender expression is how you demonstrate your gender (based on traditional gender roles) through the ways you act, dress, behave, and interact.



Biological sex refers to the objectively measurable organs, hormones, and chromosomes. Female = vagina, ovaries, XX chromosomes; male = penis, testes, XY chromosomes; intersex = a combination of the two.



Sexual orientation is who you are physically, spiritually, and emotionally attracted to, based on their sex/gender in relation to your own.

Confident Place, Confident People.

# Opening the conversation

- Origins of developing our knowledge of gender identity
- Where is your school/setting/organisation currently e.g. policies, approaches and attitudes, has this been raised in school?
- What has been the response so far?

# Useful starting points

- Local Authority guidance e.g. Lancashire, Cornwall, East Sussex
- Charities e.g. Mermaids
- NHS guidance
- Guidance for schools

# An example to consider

- A parent says that their child does not want to do PE because they are unhappy with the current arrangements around changing
- How would you respond? Discuss with colleagues on your table

# Resources

- [BYou](#)
- <http://www.lancashirechildrenstrust.org.uk/web/viewdoc.asp?id=121455>
- [https://www.cornwall.gov.uk/media/13620644/schools-transgender\\_guidance\\_booklet-2015.pdf](https://www.cornwall.gov.uk/media/13620644/schools-transgender_guidance_booklet-2015.pdf)
- [www.mermaidsuk.org.uk](http://www.mermaidsuk.org.uk)
- <http://www.gires.org.uk/assets/DOH-Assets/pdf/doh-children-and-adolescents.pdf>



**Thank you for your time  
and attention**