



CHIME Presents

Songs To Make You Go Mmmm!

(Music, Movement, Mindfulness and Meditation)

Looking for a playful approach to teaching children about emotions?

This unique package supports young children's emotional development and wellbeing, through carefully written and adapted songs. Each song is based on well-known nursery rhymes and comes with specially recorded backing tracks, addressing essential wellbeing themes. Designed to help children identify, explore, and express emotions and feelings, these songs provide strategies to support their emotional needs. They are fun, adaptable, and easy to use, fostering an integrated approach to enhance children's emotional literacy.

Options to Buy

Option 1: Buy the toolkit and CD

Songs to Make you go Mmmm!
Toolkit with CD:
£35 (plus postage and packaging)

Option 2: Wigan Schools and Settings CPD/delivery sessions with children

- (i) Six sessions: £475
- (ii) Twelve sessions: £850

Option 3: Beyond Wigan

- two days of training
- copies of the toolkit and CD
- access to digital song resources

We offer the flexibility to deliver this project as a comprehensive training package outside the Wigan borough. This package includes two days of training, copies of the Toolkit and CD, and access to digital song resources. Please contact us to discuss your specific requirements.

(Prices available upon request)
Check the reverse for further details on your toolkit



For more information on this service, please see the reverse.

Or if you require additional information, please contact

Imelda Shirley at Wigan Music Service: musicserenq@wigan.gov.uk

Emily Wood at Wigan Early Learning and Childcare Team: leyep@wigan.gov.uk

What staff tell us

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“He is a different child. The difference in his self regulation and awareness of emotions has transformed his and our lives, thank you”

(Parent) Lowton St Catherine's Catholic Primary School

“The children loved the Songs to Make you Go Mmmm! sessions. They now use more language and begin to talk about their feelings. Parents have given us some positive feedback and tell us how their children use these strategies at home.”

St Cuthbert's Nursery

“After each session I noticed that the children were becoming more aware of their feelings. They are finding it easier to express how they feel.”

The Duckings Nursery

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What's included in the toolkit?

- **Seven bespoke songs** which have been carefully written and adapted, with specially recorded vocal and backing tracks designed to support essential wellbeing themes.
- **Access to our unlisted YouTube channel** which includes all tracks and lyrics.
- **Songs to Make you Go Mmmm! Toolkit** a resource book brimming with songs, menus of activity (detailed session planning for non music specialists), meditations, visual resources and ideas for movement, listening, instrumental activities and much more!

