

Air Pollution

How You Can Protect You & Your Community

Your health is important – take a look at actions you can take within your daily routine to have a maximum impact on your health now, for the future.



Public Transport

- Get you where you need to be quickly
- Cheaper Fares
- Reduces the congestion in towns



Economical Driving

- Accelerate gently, adhering to speed limits
- Avoid rush hours
- Ensure the correct tyre pressure
- Use petrol not diesel
- Go electric



Walk or Cycle

- Helps keep air quality clear
- Benefits health and wellbeing
- Reduces polluting emissions



Filter and Clean

- Replace filters in your air conditioner and air purifier for cleaner air
- Hoover your home to prevent the spread of air pollutant particles



Air Quality Index

- Use the air quality index or visit our website to see live data feeds from around Wigan: wigan.gov.uk/airquality